



Careers Information for parents and carers year 10

It is never too early for your child to start thinking about their future and in Year 10 they will be given a lot of support to ensure they are fully aware of all the different post 16 options available to them.

There are many ways you and your son/daughter can access support and information, about making choices for their future. We have a Careers Hub in the LRC that is permanently staffed by our in-house Careers Adviser Miss Winter, who is available and ready to help all our students.

The Careers Hub is filled with information on career choices, local labour market information and there is also a wide and varied selection of prospectuses for colleges and universities available for your child to browse at their own leisure.

All students have a **Unifrog** account that gives them on-line access to a careers platform that allows them to research any career that interests them and to also research links between subjects and careers.

Unifrog is designed to support learners in making informed decisions about their futures, with a range of tools that are suitable for all year groups. Each student has their own account that provides a range of information related to their interests and aspirations.

- Key features of the platform for students include:
- Psychometric testing quizzes
- Career and subject exploration
- Webinars and interactive short courses
- Self-reflection and portfolio building tools
- Search tools for live apprenticeship and employer opportunities, and university courses
- Application and essay-building tools

For a parent/caregiver account to be created on Unifrog:

- The parent/caregiver can open their account using their email address here:
www.unifrog.org/parent

If you have any issues signing in, please contact **winter.s@acklamgrange.org.uk** and speak to **Miss Winter, Careers Lead**.



Year 10 students receive the following;

- All Year 10 students will be invited to our **annual Shine event**. This is our careers fair where the students get the opportunity to speak to a wide range of post 16 providers including colleges, universities, apprenticeships and employers.
- All Year 10 students will visit a local college of further education or 6th form college, to experience a post 16, further education environment.
- All Year 10 students will have the opportunity to complete a mock interview.
- Students, with their parents and carers, will also have the opportunity to access a wide range of post 16 providers at our **Post 16 Careers Event** that will run alongside the parent consultation evening.
- Work experience opportunity 5th – 7th July.

How can you help?

It may sound obvious but listen to your child and support their ideas. Over their time at Acklam Grange they may change their career ideas on a monthly or even weekly basis, this does not matter, the fact they are thinking about their future is the important factor. Also attend the post 16 events that are open to parents and carers and also talk to your child about the different events that they have been involved in.

There are lots of useful websites that can be accessed to help you through the process; these are detailed below. If these websites do not answer your questions, do not hesitate to contact Miss Winter, winter.s@acklamgrange.org.uk.

How is Careers delivered?

Students have a Pride lesson once a fortnight and careers information and advice will be taught through parts of these lessons, along with citizenship and personal well-being. In addition, we also have our World of Work sessions in tutor time once a fortnight. Students also have opportunities throughout the year to access guest speakers and visit places of work and post 16 providers as well as attending the Shine careers fair, post 16 event and Spotlight. In the summer term some Year 10s will also be invited to a careers interview.

The careers programme in Year 10 builds upon the knowledge and skills gained in years 7 to 9 and the aim is to ensure that by the end of Year 10 students will know how to identify and explore the different options open to them and have the knowledge to make the right choices at key decision points. They will have begun to develop their understanding of differing post 16 routes available.



LMI—Labour Market Information

Labour Market Information (LMI), information on the world of work, allows us to gain knowledge and understanding of how the labour market functions. Such as reflecting upon what the future may have in store and how this may impact upon certain jobs. Also, thinking about where certain jobs may be more prevalent, geographically.

It is important our pupils consider LMI- thinking about which sectors are up and coming and which maybe in decline- this way they can think about which skills they may want to develop, to give them the best opportunity.

Career and LMI includes information on:

- Skills, career pathways and progression routes in the local labour market
- Job applications and interviews
- Educational institutions, courses, qualifications, entry requirements and costs
- Professional bodies
- Employment sectors, employers, jobs, salaries and employment trends
- Jobs, training and apprenticeships
- Job demands and working life.

Throughout their time at Acklam Grange students will explore all the above information within their careers programme. As parents it can also be valuable for us to explore this information with our children, to help them prepare and make informed choices about their future.

Staying in Education (<https://www.gov.uk/know-when-you-can-leave-school>)

You can leave school on the last Friday in June if you're 16 by the end of the summer holidays.

You must then do one of the following until you're 18:

- stay in full-time education, for example at a college
- start an apprenticeship
- spend 20 hours or more a week working or volunteering, while in part-time education or training

Below are some useful websites that may be of help. We also have a wide range of information on our website including a dedicated Year 11 careers page.

LMI for all: <https://www.lmiforall.org.uk>

Nomis: <https://www.nomisweb.co.uk/>

This government tool: <https://www.gov.uk/courses-qualifications>

National Careers Service: <https://nationalcareers.service.gov.uk>

[www.startprofile.com https://careers.startprofile.com/page/home-page](https://careers.startprofile.com/page/home-page)



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📍 Lodore Grove, Acklam,
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🏠 www.acklamgrange.org.uk
☎ 01642 277700

Search for Apprenticeships www.findapprenticeship.service.gov.uk/register

Unifrog <https://www.unifrog.org/sign-in>

Tees Valley Careers <https://www.teesvalleycareers.com/parents/>

AGS Careers page <https://www.acklamgrange.org.uk/ags-careers/>



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Proud to be part of:



Headteacher:
Mr M Laidler

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