

PRIDE CURRICULUM 2023/2024

Acklam Grange School is committed to providing a broad and balanced curriculum intended to develop students holistically and prepare them for life in modern Britain. RHSE, delivered through our **PRIDE** Curriculum has and will continue to be a priority for us to support the following overarching aims:

- Providing opportunities for pupils to develop essential skills and attributes to keep themselves healthy and safe and to thrive in life and work
- Promoting the spiritual, moral, cultural, mental and physical development of students by exploring and celebrating diversity.
- Ensuring the safety of students is prioritised by explicit teaching of risky behaviours and dangers in the world around them.

In February 2019 the DfE released new guidance that saw SRE (Sex and Relationships Education) and Health Education become statutory requirements in all schools by Sep 2020. As an early adopter school we worked throughout the 19/20 academic year to review and update our curriculum in order to meet the new requirements for full launch in September 2020. We continue to quality assure our curriculum each academic year to ensure it meets the changing needs of our young people as they navigate life in modern Britain and the wider world.

The **PRIDE** curriculum set out on the following pages has been developed alongside the PSHE Association's Programme of Study and then personalised to the needs of our students, within our own context. We maintain our stance in allowing flexibility in the curriculum to respond to emerging needs of each year group which can be identified through the My PRIDE survey and as a result of local and national issues.

The Programme covers three core themes – each lesson is also linked to a core Human Value:

Core Theme 1: Health and Wellbeing	Core Theme 2: Relationships	Core Theme 3: Living in the Wider World
<p>Topic areas:</p> <p>Personal identity Healthy lifestyles Keeping safe</p>	<p>Topic areas:</p> <p>Healthy Relationships Relationships and sex education Relationship safety Valuing difference</p>	<p>Topic areas:</p> <p>Rights and responsibilities Economic wellbeing Employability and enterprise Career progression</p>





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Within the programme there are also additional lessons around study practices, known as AGS Success, as well as our N-Compass Personal Skills Programme. All fortnightly sessions are mapped on our Pastoral Calendar.

Pastoral Calendar – Across the school year we as a school ensure that key topics do not exist in isolation via the PRIDE Curriculum, but are also assessed in line with wider world events. These are mapped on our Pastoral Calendar, with targeted assemblies, AGS Voices sessions and special events.

It's Not Okay: Child-on-child Abuse / AGS Protected Characteristics / Human Values – These aspects of the curriculum are also addressed regularly through our Pastoral Calendar via assembly and our Tutor Time programme Lets Get Going. Our It's Not Okay

Mental Health & Wellbeing – This is also covered across our Pastoral Calendar additionally via our Tutor Programme Lets Get Going, and whole school initiatives such as Wellbeing Wednesday and Mindful 5 practices.

Assessment & Quality Assurance

Students complete all work for their PRIDE lessons in their PRIDE exercise books. Within each lesson students complete a recall activity to support progress and prior knowledge; quizzing to assess understanding; and green pen their Big Question across the course of the lesson to build on their learning. Behaviour for Learning will be reported home to parents alongside the other curriculum areas.



PRIDE Curriculum Overview – Sessions				
Core Theme 1: Health and Wellbeing				
Year 7	Year 8	Year 9	Year 10	Year 11
How and why will my brain change while I am a teenager?	Why is it important to manage our feelings of stress and how can we do that in a positive way?	What makes a healthy, balanced lifestyle?	How can loss or change impact us?	How can knowing our personal values contribute to a healthy lifestyle?
What makes a healthy, balanced lifestyle?	What does it mean to be body confident?	How can brushing our teeth help us and others?	What are the risks of substance use? (Part 1)	How should people prepare for an exam?
What is peer pressure and what is its impact?	How can loss or change impact us?	What are the risks of substance use?	What are the risks of substance use? (Part 2)	What are the risks of substance use?
What are the risks of substance use? (Part 1)	What are the risks of substance use? (Part 1)	Why is it important to manage our feelings of stress and how can we do that in a positive way?	How should people prepare for an exam?	How can you continue to make healthy choices once you have left AGS?
What are the risks of substance use? (Part 2)	What are the risks of substance use? (Part 2)	How might being treated with respect contribute to a healthy lifestyle?	Why is personal safety important?	
Are all the changes to our body, during puberty, meant to happen?	Why is personal safety important?	Why is personal safety important?		
Why is personal safety important?				
Core Theme 2: Relationships				
Year 7	Year 8	Year 9	Year 10	Year 11
What is self-esteem and how does it play a role in a healthy relationship?	What is child-on-child abuse?	What is child-on-child abuse?	What's marriage and why do some people believe it is	How can we maintain a healthy relationship?



			an important part of a healthy relationship?	
What makes our relationships different and how can we keep them healthy?	How do the people around us affect the way we behave?	How can we support people when their protected characteristics are not being respected?	What are the responsibilities that come with being a parent?	*How do we ensure our intimate relationships are respectful? (Part 1) *
How can we maintain healthy friendships?	What makes our relationships different and how can we keep them healthy?	What might make conflict at home increase during your teenage years?	Why is consent an important part of a healthy relationship?	How do we ensure our intimate relationships are respectful? (Part 2)
How can we support people who are being bullied?	What are consent and sexuality, and how do they contribute to a healthy relationship?	How can we keep ourselves safe in our relationships?	How does the media impact young people’s intimate relationships?	
What is child-on-child abuse?	*Why is being able to talk about contraception an important part of a healthy sexual relationship? *	Why is consent an important part of a healthy relationship?	*What is contraception, and why is it an important part of a healthy relationship? *	
How can being respectful of others ensure we have a healthy relationship with them?		How does the media influence our understanding of what a healthy relationship is?		
		What is sexual health and why is it important?		
Core Theme 3: Living in the Wider World				
Year 7	Year 8	Year 9	Year 10	Year 11
What is racism and how can we challenge it?	Why is it important that our protected characteristics are acknowledged and respected?	Enterprise Day	Why is it important that our protected characteristics are acknowledged and respected?	Why is it important for people to have rights and responsibilities in the workplace?

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What are fake news and propaganda, how can they be dangerous and how can we spot them?	What are our rights and responsibilities as UK citizens?	What rights and responsibilities do we have as UK citizens?	Why is it important to for people to have rights and responsibilities in the workplace?	What is a CV and why do we need them?
What are our rights and responsibilities as UK citizens?	What is tolerance and why is it important?	What might be the consequences of our poor choices? (Part 1)	What might be the consequences of our poor choices?	
What is a budget and how can they help us manage our money?	How might the media pose a risk to young people?	What might be the consequences of our poor choices? (Part 2)	Why might gambling pose a risk to us?	
Discovering Middlesbrough Day	How can we support people who are being bullied?	How and why can we be 'key stage 4 ready'?		
	What is value for money and why is it important we get it?			

* This lesson falls into the exemption guidelines as outlined by the government for removal from sex education, those students exempt will receive a modified lesson that excludes the sex education aspect and focuses on relationships education. *

