

	Autumn/Spring	Summer
Year 7 boys Year 8 boys	Cross Country Football I ndoor athletics Rugby OAA Table tennis Orienteering Gymnastics Dance Basketball	Athletics Tennis Cricket
Year 7 girls Year 8 girls	OAA Football Netball Gymnastics Fitness Indoor Athletics Rugby Dance Cross Country	Athletics Cricket Rounders
Year 9 boys	HIIT Training Rugby Leadership Basketball Volleyball Football Dodgeball	Athletics Striking Fielding Cricket Tennis
Year 9 girls	Basketball Dodgeball Cross Country Dance Rugby Leadership Fitness	Athletics Striking Fielding Tennis



	Autumn/Spring	Summer
	Football	Tennis
Year 10/11	Dodgeball	Striking
Boys	HIIT Training	Fielding
	Futsal	
	Volleyball	
	Table Tennis	
	Outside fitness	
	Basketball	
	Autumn/Spring	Summer
	Fitness	Striking
Year 10/11	Netball	Fielding
Girls	Multi Sports	
	Dance	
	Cheer leading	
	Table Tennis	
	Basketball	
	Dodgeball	