# Sports Academy Do you have what it takes?



The Sports Academy was created to facilitate students' access to high quality training from specialist sports coaches in first class facilities to improve skill acquisition, strength and conditioning, and knowledge of leading a healthier lifestyle through a bespoke programme.

Sports Academy students identify their chosen sport, or sports, when they join. High quality provision, development of core skills, strength and conditioning, functional movement skills and a wide range of training methods enable students to make real progress in their specialist areas.

## How am I identified for the Sports Academy?

So you might be wondering how you can get involved. The Sports Academy is for students who demonstrate a real passion and commitment to sport, both inside school with extracurricular clubs, and representing AGS teams outside of school participating in sports clubs and even representing our local area.

Students are identified by members of the PE department who take the following into consideration:

- I. Commitment to school sport (Curriculum and extra-curricular achievements)
- 2. Attitude in all PE lessons and whilst representing school sport.
- 3. Representing school in at least one sport regularly.
- 4. Possibly playing a minimum of district level in your main sport outside of school.

#### What is expected?

Demonstrate hard work and commitment in both sport and academic studies. Uphold the highest standards for attendance and punctuality. Set an example with positive behaviour around school and on the sports field.

Show humility in everything you do.

### The story so far

We have visited Bede Sixth Form College, Middlesbrough College, and the English Institute of Sport to develop all pre-requisites to become better athletes.

#### What does the future hold?

Along with our current links, we have developed an exciting partnership with Teesside University. Our Sports Academy students will be able to utilise world class facilities on their continued quest of self-improvement.



90% of children

In partnership with: